

## Things to Bring to Your Heart Function Clinic Appointment

- All of your medications in their containers (**to each clinic visit**)
- Your list of questions to ask the health care team
- A family member or friend to help with remembering the information discussed
- Key personal information:
  - Previous illnesses and surgeries
  - Family history (especially of heart attacks, strokes or heart failure)
  - Medical conditions (like diabetes, high blood pressure, high cholesterol, previous heart attack or stroke)
- The names of other health care professionals involved in your care